f a dog trainer told you to throw your dog off a bridge, would you do it? So why would you use a choke or spike collar or stick your pup in a prison all day long?

Put yourself in your dog's or cat's paws the next time you get advice from a so-called "expert."

Would you...

...wear a noose around your neck? why would you put a choke, prong, or pinch collar around your

A simple

dog's neck? These collars can be painful and injure your dog. Choke chains, for example, can cause bruising, whiplash, and long-term damage to the skin and tissues in the neck. Dog trainer Dr. Dennis Fetko, who advocates gentle training methods, says, "In dog training, jerk is a noun, not a verb. ...

Nothing with a pulse belongs on a chain."



GOOD DOG, BAD RAINEI

...lock yourself in a closet all day, every day?

breaks, no company, no entertainment, and no exercise?
Not likely? Well, that's what it's like

for dogs when they're stuck in a crate all day. Think about it. Is it really acceptable for your best friend to sit in solitary and "hold it" hour after hour when you're not home? Instead of "punishing" your dog because you can't get back home during the day, ask a friend or neighbor or hire a reputable dog walker to take your dog out *at least* once during the day.

...zap
yourself in
the neck
every time
you spoke?

ogs "talk" to communicate, just as you do.
They bark when they are anxious or excited, to let you know that they want to go

outside or come inside, or to alert their families to the presence of intruders. It only confuses them to get a painful shock from a collar every time they "speak." Reduce barking by providing dogs with plenty of socialization and exercise (lots of playtime, long walks, and visits with people and other dogs), not leaving them outside all the time, and distracting them from scary things by playing or having a training session with lots of treats.



What else can you do to be a better canine companion?

- Take your dog out for frequent, long, leisurely walks. Never let your companion animals roam outside unsupervised and provide your pals with plenty of toys to keep them entertained.
- For more tips on how to make your dog (or cat) adore you, visit HelpingAnimals.com. You can also order books about dogs or cats at PETAMall.com.



Use a nylon-web harness and collar (with identification tags) and throttle the urge to choke, poke, or pinch anyone.

